



# The Frazzled Kiwi

## Adventure Race

### Race Rules Please read carefully!

This is a team adventure race for families, students and social adults. It is a run/trek only. All teams will be provided with a map and a clue sheet and need to work together to get through the course within 3 hours. All team members must stay together **at all times**. There are mystery activities to complete.

#### Key Times:

8.30-9.30 am Registration

9.45 am Race Briefing

10.00 am Race Starts

1.00pm Prize giving

Once you have received your maps, you may not leave the registration area until the race starts.

#### The Course

This will be around Farmland. You will be searching for check points.

This is a running/walking race only. You may not receive any help from outside sources.

All team members must stay together at ALL times.

PLEASE DO NOT SHARE ANSWERS WITH OTHER TEAMS.

#### Mystery Activities

There are mystery activities on the course.

#### Timing

The clock will start at the beginning of the race and your time to complete will be taken when your team has crossed the finish line. You have up to 3 hours to collect as many points as possible. Use your time well as you will not get points for finishing early (you may as well be out there getting more points). If a team decides to stop for a rest the clock still continues. In the case where teams are tied in points, the first team across the finish will win. The idea is to get all points. If you finish over 3 hours – you will not be eligible for a placing.

There will be options to cut the course short so you can finish within the three hour cutoff.

#### Placings and Awards

Placings are based on points gained over the course

#### Prizes

Prizes will be allocated according to numbers in each category.

#### Requirements to start

-Registration by team captain.

-Entry fee has been paid in full.

#### Team Categories

Family/Primary: (must have a primary aged child and an adult over 18years in your team)

2-3 Person Team

4-5 Person Team

Intermediate Students: Years 7 and 8

High School Students: Years 7-13

2-5 Person Team

Social (Families with no primary aged children can go in this category too)

2- 5 people

Each team member enters under their own responsibility (those under 18 years of age must have written consent from their parent or guardian). The parent / guardian can judge whether the child should participate in the event, start and continue to the finish line. Nevertheless, the organisers reserve the right to stop a competitor or team from setting off or continuing the race.

Anyone under year 7 has to be in a family team. You do not have to be related. You do need an adult in your team over the age of 18years.

#### Disqualification

Breaches of the rules contained in this entry form may lead to points being forfeited, or disqualification. In addition unfair behaviour, obtaining information or advantage from an outside source, abandonment of a team member, intentional damage, or dropping of rubbish may also result in disqualification.

#### Insurance

All participants compete at their own risk and the organizers will not accept liability for any personal accident or injury during the event. A liability waiver form has to be signed by the Team Captain on behalf of the team.

Competitors should ensure that they are adequately insured. Competitors under 18years of age must have the waiver signed by a parent or guardian.

#### Safety

You are responsible for your own safety. These are working farms.

There are electric fences operating.

#### Stock

Please be mindful of stock. In some cases you may come across stock. Please avoid getting too close.

#### Team Gear List

-All participants must wear shoes.  
-Please bring snacks and water for any children participating.  
-Please bring clothing appropriate for the weather conditions.

- A jacket

-Small First Aid Kit per team

- Sunhat and Sunscreen

-Resealable bags to keep maps weatherproof.

- a pencil or pen.

- \$2 coin

-It is recommended that you bring one phone per team in case of emergencies only.

#### Officials

Participants must respect instructions given by the officials and must also follow their decisions regarding health security and safety.

#### Race Cancellation

There will be no refund of entry fees per team in the event that the race is cancelled due to forces outside the organizers control such as weather. However we will do our best to postpone the event.

#### Team Entry

Numbers are limited so please enter as soon as possible.

#### Withdrawal

In case of withdrawal of a competitor or entire team, the captain must inform the organisers by any means available in the shortest possible time. If a team member pulls out of the race, you can continue the race as long as there are at least 2 people left in the team.